

**CVRSL TIME TRIALS**  
Hosted by Kingsburg Seawolves  
*July 11<sup>th</sup> 2009*  
*Information Newsletter*

**Contacts**

Sandra Torosian	897-1813 (Meet Director)
Regina Burch-Konda	308-0748 (Meet Director)
Josh O'Bannon	647-3361 (Computer)

**Logistics**

The meet will begin at 9:00 a.m. at the Crandell Swim Complex Pool (see Map with directions to pool and pool complex). A 30-minute lunch break will begin after the event ending closest to noon. No loud radios are allowed in the camping area. If you are bringing a generator please bring a long extension cord (100 ft.) so that the noise will not interfere with the PA system. The campsites will be assigned based on the receipt of the Meet Manager export file. First in will receive the closest camp. Kingsburg will be the furthest campsite.

**Entries**

All entries must be submitted in Team Manager – Meet Entries Export File format to Josh O'Bannon and CVRSL (e-mail address [kingsburgseawolves@gmail.com](mailto:kingsburgseawolves@gmail.com) and [DivisionI@cvrsl.org](mailto:DivisionI@cvrsl.org) ) by Sunday July 5<sup>th</sup> by 5:00 p.m. Late entries (new qualifiers) will be accepted no later than Wednesday July 8<sup>th</sup> at noon. Please send relays with entries by noon on the 8<sup>th</sup> as well. The lane assignments and program will be based on this information.

A scratch meeting will be held at 7:30 a.m. the day of the meet (please report to Announcer's Stand—JoLynne Blake & Sandra Torosian). All scratches and relay cards will be due at this time and may be done by the **Head Coach only**. If you know of swimmers that won't be at the Valley Finals meet than please let us know at this time and we can submit the names to the CVRSL official at the meet.

**Any swimmer missing an individual event will be scratched from their next individual event. Each team is required to get their own swimmers to the staging area when their event is called.**

**Please give JoLynne/Sandra the name of the contact person and phone # for meet results. All teams will be meeting at 2 p.m. at Plaza Park in Visalia on Sunday July 12<sup>th</sup> to discuss Valley Finals.**



### **Stroke & Turn Officials**

Each team is to provide 2 Stroke & Turn Officials as indicated below. Lunch tickets will be given to you at the officials meeting at 8:00 a.m.

#### **9:00-11:00 a.m.**

Hanford Piranhas official  
Visalia Buccaneers official  
Lemoore Aqua Jets official  
Sierra Silver Fins official

#### **11:00-1:30 p.m.**

Fresno Pacific Sunbirds official  
Yosemite Hornets official  
Hanford Piranhas official  
Visalia Buccaneers official

#### **1:30-3:30 p.m.**

Lemoore Aqua Jets official  
Sierra Silver Fins official  
Fresno Pacific Sunbirds official  
Yosemite Hornets official

### **Team Warm-Up Times**

Kingsburg	7:00-7:15 (11 years old and up)
Kingsburg	7:15-7:30 (10 years old and under)
Hanford	7:30-7:45
Visalia	7:45-8:00
Lemoore (Lanes 1-4)/Sierra (Lanes 5-8)	8:00-8:15
Fresno (Lanes 1-4)/Yosemite (Lanes 5-8)	8:15-8:30

### **Coaches**

Deck passes will be given to 5 coaches from each team. A coach's area has been designated for your use (see Map). Each team will also receive 5 lunch tickets for coaches. No coaches will be allowed in the block area. Violation of the block area can result in the disqualification of the swimmers. (Exception: Coaches will be able to walk 10 & under relays to the block to line up. Once swimmers are lined up, they must then step back from the block area.

### **Concessions**

We will have our fantastic concessions running, as well as wonderful hospitality. There will be a variety of food and drink items at the meet including breakfast burritos, melted ham/cheese croissants, chicken croissant sandwiches, pizza, hamburgers, hot dogs, and fruit.

### **Special Concerns and Requirements:**

1. Shade is scarce at the Crandall Swim Complex so we would encourage teams to bring tarps, umbrellas, etc. to provide shade for your swimmers.
2. All swimmers are asked to wait for their events in Tent City (see map for location). A PA system will announce upcoming events.
3. Coaches: Swimmers will not be allowed to meet with their coaches on deck. After warm-ups have been completed, only those swimmers who have been processed through the staging area will be allowed on deck.

4. A warm-up/cool-down area will be provided for swimmers **11 years and older**. Swimmers will be allowed in that area of the pool only under the direct supervision of their coach. **THIS IS NOT A PLAY AREA.**
5. Swimmers are encouraged to bring sandals to protect against the heat of the pavement.
6. Body oil is prohibited inside the pool complex. If a swimmer reports to the block wearing body oil, the Starter will suspend the meet until that swimmer has removed the oil. Sun screen is permissible.
7. First Aid is available for swimmers (see Map for location).
8. RV parking is available at the east side of the main parking lot on the grass.

### **Itinerary**

6:45 a.m.	Supervised parking begins.
7:15 a.m.	Relay cards available at Announcer's Stand. Turn in team work List to Meet Director.
7:30 a.m.	Team warm-ups begin (see schedule). Scratch meeting begins at Announcer Stand.
8:00 a.m.	Stroke and Turn Judges meet on deck
8:30 a.m.	1 <sup>st</sup> Call Timers and Recorders
8:55 a.m.	Welcome and Flag Presentation
9:00 a.m.	Meet Begins

A 30-minute lunch break will begin after the event ending closest to noon.

3:30-4:00	Meet Concludes
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### **T-Shirts & Programs**

2009 CVRSL Time Trial T-Shirts and Programs will be sold on site. The T-Shirt vendor will be on site to produce t-shirts. The swimmers' names on the T-shirt will be those names received by Sunday July 5<sup>th</sup> at 5 p.m. in the Meet Entries Export File.

**IMPORTANT: Please let your parents know that they can put an ad in the Time Trial Program for as little as \$20 (see attachment). They can use this ad to advertise their own business to swim families in the following communities (i.e., Fresno, Hanford, Lemoore, Sierra, Visalia, Yosemite, Kingsburg). Or they can submit a really cute picture of their swimmers to encourage them in their race!!! Please contact Tama Scott for more details (559 647-8759; [tamales@sbcglobal.net](mailto:tamales@sbcglobal.net) ). Deadline for ads is July 8<sup>th</sup>. The price for programs will be \$4.**

### **Complementary Lunch Tickets**

Complementary lunch tickets will be provided to stroke and turn judges and coaches (a maximum of 5 tickets per team). Refreshments will also be provided to meet workers throughout the meet.

### **Clean-Up**

We ask that each team clean their area of all trash and litter as they leave the campus.

2009 Kingsburg Seawolves  
Time Trial Program  
Ad Application

\$100.00 Full Page Ad

\$ 50.00 Half Page Ad

\$ 25.00 Quarter Page Ad

\$ 20.00 Business Card

Advertise your business or send a special message to your swimmer or favorite swim team.

Please submit your **PRINT READY** Ad to:

Jason Coddington: [jwcoddington@yahoo.com](mailto:jwcoddington@yahoo.com) 559-288-5012

Or

Tama Scott: [tamalees@sbcglobal.net](mailto:tamalees@sbcglobal.net) 559-647-8759

Applications must be received by **JULY 8th**

Thank you for your support!

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Name \_\_\_\_\_

Business Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

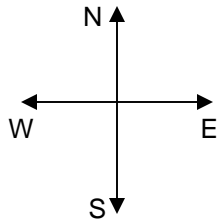
\_\_\_\_\_ \$100.00 Full Page Ad

\_\_\_\_\_ \$ 50.00 Half Page Ad

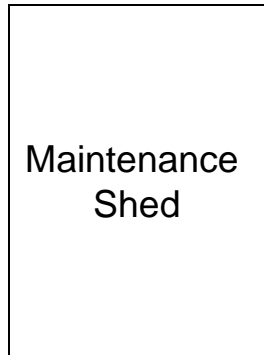
\_\_\_\_\_ \$ 25.00 Quarter Page Ad

\_\_\_\_\_ \$ 20.00 Business Card

Paid: Cash \_\_\_\_\_ Check# \_\_\_\_\_



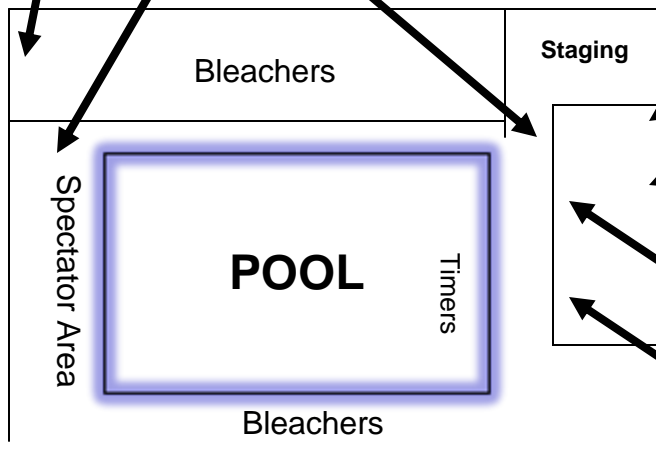
18th Ave.



Parking only  
by permit/  
handicap

Swim Suits  
West

Coaches'  
deck area



**Concessions**

T-shirts

First aid

Restrooms

Alley will be closed

Tulare St.

Restrooms

Programs

Gym

**Parking**

City  
Park

Kingsburg  
High School

**TENT CITY**

Little  
Theater

Sierra St.

Sierra St.

**Parking**

**Enter Here**

18th Ave.