

## SIERRA SILVER FINS

### 2017 MEET REQUIREMENTS

Location: Sierra High School  
33326 Lodge Road, Tollhouse, California

Warm-ups Sierra 5:45 pm – 6:00 pm,  
Visiting team 6:00 pm – 6:15 pm (supervised)  
Meet start: 6:30 pm  
Lanes: Visiting team will swim in lanes 1,3,5, and 7.  
Heats: Unlimited

Visiting team will need to be prepared to provide 4 recorders and 8 timers and one stroke and turn official. Please keep your area clean and be responsible for lining up your swimmers. There will be no swimming (warm-up or play) in the small pool. All CVRSL rules and regulations will be followed.

Concession stand will be available. No glass containers, smoking, drugs or alcoholic beverages are allowed on our campus. Please clean up your area upon departure.

Awards: Ribbons will be awarded to 6<sup>th</sup> place for individual events and 3<sup>rd</sup> place for relays and available to the visiting team's coach after the meet (if computer problems occur we will mail ribbons to coach when completed).

Rosters: We will pull your roster from the CVRSL Website 2 days prior to the meet, please make sure you have an up-to-date roster on the website. We will provide you with a list of your swimmers' numbers at the meet. Please place the number and initials on each swimmer.

Please contact the following

- Computer
- President

Kelsey Fry kelsey1360@gmail.com (559) 960-9288 – Head Coach