

Lindsay Skimmers Meet Requirements 2019

- Facility Location:** City Park, (behind Lindsay Wellness Center)
860 North Sequoia
Lindsay, CA 93247
- Facility Set-up:** Eight competition lanes, blocks on one end. 25 yard events will start from the deck.
- Times:** Warm-ups: Lindsay Skimmers 5:45-6:00 PM Visitors 6:05-6:20 PM
Meet Start: 6:30 PM No new event set will be started after 10 PM.
- Event Heat Limits:** Freestyle and Backstroke - Unlimited heats
All other events(including relays) - 2 heats*
* Additional heats, in some events, possible with prior arrangement and time permitting.
- Lane Seeding:** All events will be deck seeded. Lanes will be filled to minimize the number of heats. All swimmers must be **quietly** lined-up and ready behind their blocks at the appropriate times. The meet will not pause for late and/or unprepared swimmers.
- Lane Assignments:** Lindsay Skimmers - 2,4,6,8 Visitors - 1,3,5,7
- Timers & Recorders:** Timers 8 (2 per lane) and Recorders 4 Timers & Recorders must be in place by 6:15.
- Stroke and Turn:** Please provide 1 or, preferably, 2 officials.
- Roster:** Your roster will be downloaded from the league website the day before the meet. If needed, an updated roster may be sent to lindsayskimmersteam@gmail.com
- Other Requirements:**
- Keep swimmers out of the Therapy Pool and shallow end of competition pool.
 - No glass, running, or horseplay on pool deck.
 - Warm-ups must be coach supervised.
 - Diving during warm-ups permitted only if swimming in one direction.
 - No alcohol or smoking allowed at the meet.
 - Please police your area for trash before leaving the premises.

Contacts:

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Team size: 88